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What Just Anybody Can Do

I found her sitting on the ground, holding her head in her hands and trying to fight back the tears that threatened to spill over at any moment.

She heard me come over and looked up at me. Clearing her throat, she said, "Sometimes... sometimes it's just too hard!"

I smiled and knelt down in front of her. Touching her cheek with my finger, I replied quietly, "But my dear, if it were easy, then everybody would do it."

---Mike Gifford